Try this: Pick 4-7 spices from your kitchen cabinet. Blind fold someone in your group and have them try a small taste of one of the spices, only a small taste as most spices are pretty strong. Have them describe what they are tasting: sweet, spicy, salty, earthy, etc. See if they can guess what the spice is. Repeat the process with the other spices. You can rotate the person you blindfold to give everyone a chance to guess.

Have you ever thought about how we are a lot like the spices in your kitchen cabinet? Let’s read this passage and find out how.

Read: Colossians 4:2-6

Reflect: Much like the spices in our kitchen cabinets are pulled out for specific dishes, Christ calls each of us to be used in specific and unique ways. It is in the hands of the master chef that these spices shine best. They know how to use them in just the right amounts and at the right times. Christ uses each of us to share His message with those that He shows us, in a way they can really hear and receive.

Now imagine what would happen if the cinnamon decided it wants to be the star in every dish. It would be overpowering and off putting. This spice that can bring so much depth and warmth of flavor when used correctly would become rejected because of its own agenda. However, the opposite is true too.

It is easy for us to think that sharing the gospel is the job of a pastor, or missionary, but really Christ calls all of us to share His good news to those He shows us. Along with Paul’s request for the church of Colossae to be praying for him, he also leaves instructions for those within the church body.

“Be wise in the way YOU act toward outsiders; make the most of every opportunity. Let YOUR conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.” (Colossians 4:5-6)

We are all gifted with different strengths and given unique spheres of influence in which to impact the kingdom for Christ’s glory. Go around your group and share one strength of the person on your left. Then think about the different spheres of influence God has placed you in: think about your friends, classmates, coworkers, neighbors, teammates etc. Ask God to show you those He is calling you to share his love with this week!

Remember: As a family work on memorizing/meditate on Colossians 4:5-6 this week.

“Make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”

Ideas: Write this passage down and hang it on the refrigerator. Say it together as a family during meal time each day. Write it on a chalk or white board and erase a couple of words each day until you can say it by memory.

Respond: “Dear Jesus, thank you for placing me in specific places to shine for you! Help me know who you are calling me to share with and what you want me to say................................................................. Amen!